

MAKE "AFTER" EVER HAPPY...

**TRUE LOVE
VOWS
an OPEN
HEART**

By Texas Weddings Magazine's
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When a Heart is Open

AND WHEN IT'S NOT

OPEN HEART

- accepts apologies
- forgives, every time
- makes room for errors
- makes others feel comfortable as a matter of personal preference
- works for all concerned
- never deserts an opportunity to stay open

CLOSED HEART

- is a defensive heart
- makes others at fault, even when wrong, will blame others for being wrong
- makes others feel uncomfortable and intimidated
- is concerned only for personal ego effects

LOVE'S 'TRUE' MANNER IS AN OPEN HEART

1. In a closed heart, love is conditional. It requires all needs be met before it loves. It requires everyone do what it desires before it will love. It requires that everything is settled before it warms.
2. But an open heart won't give-up its desire to love to any condition whatsoever. An open heart does not ask permission to love. It doesn't make anyone do what is asked before it loves, and it believes that love is the only thing required before it feels comfortable in a room.

An open heart does not need someone to say words in a particular way to be what it is, because it knows what it is, with or without those words. True love takes only what it needs to be reminded of love, and nothing more than that.

How to Open Your Heart

GIVE ONLY WHAT IS YOURS,
PRESERVE WHAT IS THEIRS

1. *Never take pain for granted*
2. *Never think your pain is important to someone who is hurting*
3. *Your open heart requires you to imagine the person treating you unkindly as someone who is hurting*
4. *When you change position, and see them in that way, you start to see your value as above and beyond their treatment of you.*

Now think of their complaint against you. Does it really have anything to do with you?

When you see that it does not, then you deny yourself nothing, and care for yourself with your own courage and willful joy. The courage you have toward caring for another gives to

you an important opportunity.

It is the chance to heal someone else, especially someone who is denying you your own sense of worth. This changes the chemistry in your heart, strengthens it.

Only when you connect with your own healing, are you able to help another heal.



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The Open Heart is a Closed System

OPEN HEARTS CLOSE
TO ALL OTHER FORMS OF INFLUENCE

*If you feel
someone
has stolen
your love,
it's because
you have
forgotten
how to love
yourself.*

Your body is entirely closed-off to anything outside of itself. Hence, true love cannot be given to nor taken from you.

You cannot give away what is yours, nor can someone give you anything that is not yours already.

So, if you feel someone has stolen your love, it's because you have forgotten how to love yourself.

This happens when the love you give to someone is not returned.

A closed heart takes, without giving back. It has no way to be without someone else expressing love toward it.

Like a vampire, a closed heart sucks the life out of all who are around, because it is open to outside influence.

All internal-to-self systems that are not self-sustaining will deny life from those who are around, because they cannot sustain themselves any other way, except through the life of others.

The open heart is self-sustaining, however, because it is closed to any outside influence.

Even the child of a closed-hearted parent can overcome the torment simply by finding love that exists within, instead of looking for it outside of themselves.

An open heart will not see the world* as a reflection of itself. It will only see the world as a reflection of the world.

The world will not define the openhearted. The world will not influence this heart's ability to love.

The openhearted already know love, inside themselves, and will not be influenced by someone else's misguidance about love.

*"The world" is anything that is not you.





Open Hearts are Powerful in Each Other's Company

WHEN ONE HEART OPENS TO SAY HELLO, another open heart recognizes the level of love in the hello, and opens more fully in the presence of this fellow open heart.

True love gives with an open hand.

Untrue love gives with a closed hand.

Love's "true" nature prepares to receive love, its "untrue" nature prepares to give pain.

Though this is never intentional. It is also self inflicted simultaneously.

Two closed hearts eventually battle.

One open heart and one closed heart will eventually battle as well, but the openhearted will eventually find common ground.

Open hearts will remember how love works. They know love always works. They will also notice what love is doing in the course of any conflict.

An open heart always seeks a way to receive love with its need to give. And when it seeks to receive, it seeks to give.

In the giving there is a way to overcome conflict. But this is not always going to happen, because a closed heart will not wish to relinquish being right for being okay.

Being right is more important than the health of the heart, in a heart that is untrue.

But a strong heart will surrender to its own health over all. It will not allow the words and deeds of a closed heart to remind, over and over, what is untrue.

The strong hearted make what is untrue into dust, sweeping it out of the home within, and never under the rug.

A strong heart keeps a clean house of the self, never allowing the dirt from a closed heart cross its threshold.

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