



*“Opportunity is always right in front of you,  
provided you maintain a very minimalist view  
of where you're going.”*

Source



## How to Wish Come True

A Map for Making Wishes // By Sondra Sneed, Godscribe

Video Workshop at [godscribe.com/wish](https://www.godscribe.com/wish)

## 1. **Make Three Wishes at a Time**

Three wishes are not only an ancient magic but are a psychological organization of wants vs. needs.

## 2. **Write Each One Down in a Single Sentence**

Over-complicating the wants is why wishes don't get answered. The head gets overwrought with so many conditions that it is impossible to finally know what the wishes are, **unless each is a command line** instead of a list of conditions.

Whittling the wish statement down to the **apex of desire** declares the ultimate wish that gets satisfied.

\* The **apex of desire** is the **part of the wish that has real traction and motivates the mind to move.**

For example, "I wish to remain anonymous" is a wish that will direct every action that would otherwise give notice about the wisher's personality.

### 3. **Keep a notebook of progress notes with three sections respectively.**

Progress notes are **TO DO lists in succession**; they begin the beginning, meet in the middle, and sure-up the end.

Every TO DO list must contain **single phrases with a verb as its first word**.

Make sure each TO DO-list phrase takes only one step to complete, otherwise break it out into separate items in a sub-list of TO DOs.

### 4. **[In your notebook,] Begin [to journal a conversation with yourself] using “I” statements, such as I will, I have, I need, I want, I don’t, I make, I do, I am, I maneuver, I match etc**

“I” statements are the acceptance of responsibility to making your wishes come true.

When you truly identify what is yours to get done, you stop waiting for others to do what needs be done. Use these I

statements in a journal format. Discuss with yourself what you are going to need, do, not do, not need, make, not make, and then devise your TO DO lists from those discussions.

This is where finding the apex of desire gets good.  
In the journal, in a conversation with yourself:

- Throw down a wish onto paper
- Stare at the wish until it is clear to you the number of “projections,” (forward actions into the future), that are necessary before that wish can be fulfilled, by *you*
- Without the help of the universe at all, what are the sheer number of efforts that are needed?
- If it seems to stack up, in volumes, you have not reached the **apex of a wish** and are in too deep where your needs are.

### **Needs and wishes are not the same thing.**

Do you *need* more money or *wish* you had more money?

The **need** for more money means you don't have enough to eat, or to sleep under a roof, or to clothe yourself or your children, etc.

Needing more to live is not the same as wishing.

Wishing to have more money so you can live more freely is a wish. But neither will get you anywhere in a Wish Come True scenario.

The Apex of Desire in a wish for money must be:  
**I wish to know what to do to make more money.**

The To Do list would then include:

- Reading books on how people make money
- Interviewing people who have more money
  - Find out how they make their money
  - And how they got there
  - What were the steps, in their life, that got them there

When you open your mind, to the vibration of those who are where you wish to be, you influence the mind to be more like them – to vibrate on the same wavelength.

**Sondra** asks:

*But what if the way you describe is insurmountable,  
and at an age when it's also too late to start over?*

**Source** response:

Then the wish is all wrong. The wish has nothing you can create on your own. This is a big lesson for people to learn.

- If the wish seems insurmountable you have to get closer to earth.

So in this example, let's say the woman who wishes to make more money is middle age and it's really too late to change a career,

she has to look beyond her world and begin a new way of seeing herself.

- She might be better suited, in time, for a different field of work that pays better.
- She may have to investigate another field.
- Begin the same way we described earlier.
- Interview the people who are already in the place you want to be in and ask them how they got there.
- Keep asking questions until the first move is evident.
- Do you take night classes or find a different job while taking day classes?
- What kind of job can you take while studying?
- Or does your work have a part time strategy you can use?
- Can you apprentice or learn on the job?
- Can you take a second job?
- Ask questions and write down the answers.
- Take notes wherever you go, with regard to asking people who know more than you about anything new that you need to know.

## 5. **Do more with more doing:**

Whenever the Psyche starts to see progress, it gets excited to see more. Work on tasks in one step each. Begin with the easiest task on the list, all day. The best way to get the easiest task is to break down each task into bite-sized portions.

## 6. Deepen your To Do lists with whatever gets you going:

TO DO lists “deepen” by with the Command Line Breakdown method, but that can take more time to write and think than to simply do without thinking as you complete other tasks. Only get things done in the manner they are necessary, in other words, not as pure commands.

## EXAMPLE OF WISHES THAT BEGIN WITH A VERB

WISH 1:

Complete the process of uploading my first Audiobook on Audible.com

WISH 2:

Return to a regulated metabolism

WISH 3:

Complete contractor's details: choose trim & paint colors; decide on sink tops, area rugs, and curtain colors

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## HOW TO SETUP A ONE-ON-ONE SOUL READING WITH ME

<https://sondrasneed.com>

Click on the pop-up "Knock Knock"

then use the "Schedule Me" button to setup your first appointment